



Code of Conduct

Document No 002 Rev 2

Objective and Scope

The purpose of this document is to establish a set of guidelines and procedures, which outline the responsibilities and behaviour of both staff and swimmers who are members of Telford Aqua SC. It is expected that the principles of the Code of Conduct should be followed at all events and training sessions.

Code of Conduct

Behaviour and Personal Conduct must at all times be of a high standard and reflect favourably on the sport, and the club. Language in public or relevant group situations must always be appropriate and socially acceptable.

Consumption of Alcohol is totally forbidden for athletes under age as defined by UK law. It must not be consumed by swimmers or staff members whilst en route, prior to, or following a competition event, training camp or team activities, without specific consent of the Team Manager. During competition alcohol is strictly forbidden to all swimmers and staff.

Smoking: is prohibited by swimmers and staff whilst en route, prior to, during or following a competition event, training session or team activities.

Personal Appearance: shall be appropriate to the circumstances and as indicated by the Team Manager. Team kit and equipment shall be worn as directed by the Team Manager when competing and training, when assembling or travelling, at official team functions or on other occasions as notified.

Illegal and Performance Enhancing Drugs and Substances are strictly forbidden. Swimmers are expected to be aware of the current list of banned substances and particular care must be exercised if anyone is on medication prior to or during a meet.

Illegal Drugs and Substances: The use of these, even though they may not appear on the official banned list in respect of performance enhancing drugs, is nonetheless prohibited.

Medication: It is important that information on all medication being currently taken should be reported to the Team Manager who will report it to the relevant personnel. Allergies to any medication must be reported to the Team Manager.

SWIMMERS CODE OF CONDUCT:

Purpose

The Swimming club exists for the benefit of the swimmers, to develop their skill in swimming and to instil a code of behaviour that will carry them forward with credit.

To create the atmosphere and example necessary to achieve this objective the following code of conduct will be adopted.

Swimmers:

At training sessions it is expected that they will:

- attend at least 75% of their sessions
- go to the toilet before they come on poolside
- arrive in good time for the beginning of the session with all necessary equipment in good order
- put every effort into the training sessions and avoid short cutting or missing sections by toilet excuses etc
- always consult their coach if they arrive late, wish to leave early, feel unwell etc
- pay attention to the coach when he/she is talking to them
- keep up with the activities of the Club by reading the notice board and consulting coaches/officials
- generally act in a responsible manner at all times

At all galas it is expected that swimmers will:

- make every effort to attend
- arrive at the venue in plenty of time for the warm up and immediately join their team group
- remain at all times throughout the gala with their team group unless they have agreed with the team manager a reason to leave the poolside
- not leave the poolside after their last swim until their team manager has agreed for them to go and in a trophy gala they must remain to acknowledge the winning team
- bring plenty to drink
- provide encouragement and support to fellow team members
- keep in constant touch with the programme and prepare themselves in plenty of time for their race without relying on the team manager
- wear a Club hat if a hat is to be worn
- preferably wear Club swimwear, most especially for relay events
- generally act in a responsible manner at all times

Parents/Guardians:

At training sessions it is expected that they will:

- ensure that the swimmers get to training sessions in good time
- keep in touch with the Club activities, through notice boards and Club officials
- direct any queries to Club Officials or Coaches, when not involved in training sessions
- where queries are unresolved, request the issue be raised with the Committee
- wherever possible, offer assistance in Club activities
- promote a responsible and disciplined attitude

At all galas it is expected they will:

- get swimmers to the gala venue in good time
- remain in the spectator area, whilst in the pool hall, unless requested to assist
- encourage swimmers to remain with the team group

At all times it is expected that they will:

- arrive in good time to organise and control their activities
- meet the commitments they make to the Club
- be supportive of the agreed Club policies
- be prepared to assist swimmers and their parents/guardians in any queries they may have and carry forward to the Committee any issues they are unable to resolve
- display a disciplined and sporting attitude and help to promote the same from the swimmers

This level of behaviour is also expected in the changing rooms. If at anytime behaviour on the poolside is in breach of the Code Of Conduct the coach(es) has the right to ask the swimmer to leave the pool.

In addition it is expected that all members of Telford Aqua SC, when attending any event or training session shall:

- comply with the codes, rules and laws within the guidelines set out by the ASA
- behave without discrimination on the grounds of race, colour, language, religion, birth or social status as set out in the equal opportunities policy
- respect the basic human rights, worth and dignity of each member
- not encourage swimmers, volunteers, officials or parents to violate the rules of the Club or the sport
- observe the authority and the decisions of all officials
- encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool
- treat other competitors and teams with respect, in victory and defeat

Extracts from the ASA and ISTC Code of Ethics were used in the writing of this document. Telford Aqua SC fully supports the Code of Ethics, a copy of which is displayed on the club notice board and is available to download from our website.